

PHYSICAL THERAPY SPECIALISTS CLINIC, INC.

Mary Sheid, PT, OCS, Cred. MDT - Owner

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PHYSICAL THERAPISTS

Rebecca Moritz, PT
Carrie Peifer, PT
Vallie Rogers, PT, Dip. MDT
Mary Sheid, PT, OCS, CMTD
Shelley Hollis, PT
Tammy Barks, PTA
John Paul Miller, PTA

OCCUPATIONAL THERAPISTS

Doris Lenihan, COTA
Stacey C. Teeple, OTRL
Gary Higer, OTRL
Heather Hoffman, OTRL

SPEECH PATHOLOGISTS

Kristi Sheridan, MHS,
CCC-SLP

ATHLETIC TRAINERS CERTIFIED

Vince Beam, ATC, CSCS
Chris Green, ATC, CSCS
James Stovall, ATC, CSCS
Jim Taylor, ATC

LYMPHEDEMA/MASSAGE THERAPISTS

Randy Hawkins, MTC, MLD/CDTC
Kenny Akers, MTC, MLD/CDTC

___ Physical Therapy Referral ___ Occupational Therapy Referral ___ Speech Therapy Referral ___ Sports Medicine/
Athletic Training Referral

Patient Name: _____ Date: _____

Diagnosis: _____ Date of Birth: _____

Precautions: _____

Weight Bearing: ___(R) ___(L) ___NWB ___TWB ___%WB

___ EVALUATE AND TREAT ___ x week # of weeks ___

___ OTHER: _____

Evaluations

___ Back School
___ Development Assessment
___ FCE—Functional Capacity Eval.
___ Home/Safety Assessment
___ McKenzie Spine Evaluation
___ MedX Evaluation
___ Sports Injury Assessment
___ Visual/Perceptual Evaluation
___ Work Hardening Evaluation

Modalities

___ Anodyne/Infra-Red Therapy
___ Cryotherapy
___ Electrical Stimulation
___ Iontophoresis
___ Massage/Myofascial Release
___ Moist Heat
___ Paraffin Bath
___ Phonophoresis
___ Traction - Pelvic/Cervical
___ Ultrasound
___ Whirlpool/Contrast Bath

Miscellaneous

___ Adaptive Equipment
___ Body Mechanics Training
___ Brace _____
___ Energy Conservation
___ Increase/Decrease Sensitivity
___ Joint Protection
___ Lymphedema Management
___ Orthoses
___ Sensory Integration
___ TENS Unit
___ UE Splinting
Specifics: _____

Gait Training

Assistive Devices:
___ Cane
___ Crutches
___ Quad Cane
___ Walker
___ Other

Exercises

___ Biofeedback
___ Cardiovascular Conditioning
___ Isometric Strengthening
___ Joint Mobilization/Manual Therapy
___ MedX - Lumbar/Cervical
___ Neuromuscular re-education
___ Progressive Resistive Exercises
___ Range of Motion (circle one)
active / active assistive / passive
___ Swim Ex - Aquatic Therapy
___ Work Simulation

Date Patient is to return to Physician: _____

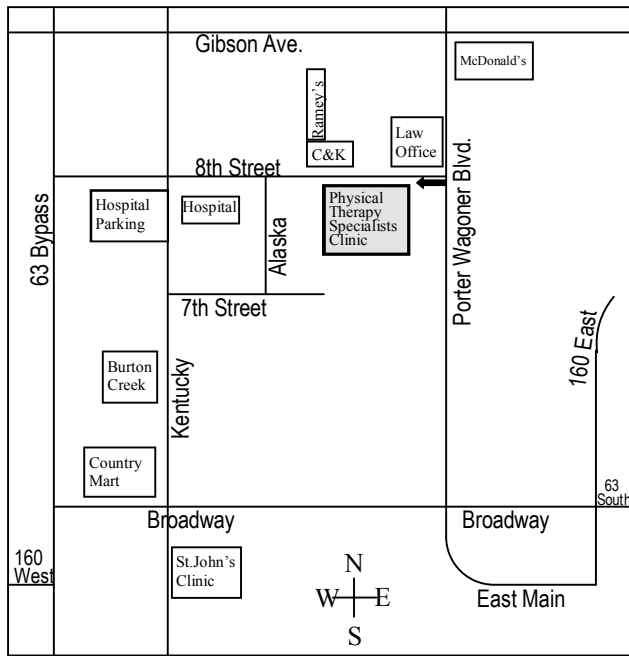
Date Patient is to return to work: _____

Physician's Signature:

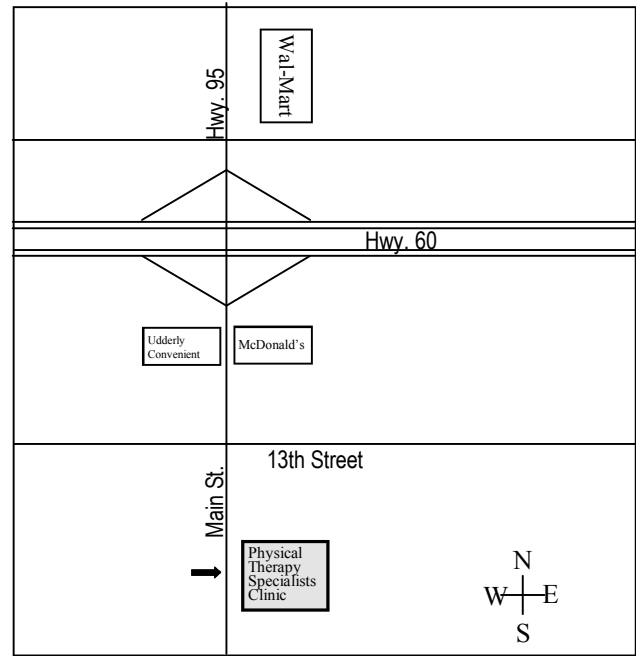
(Print Physician's Name)

"Greater Dedication. Greater Results."

West Plains, 1480 W. 8th Street



Mountain Grove, 1200 N. Main St.



Anodyne Therapy = Modality that provides near infrared photo energy. FDA approved for increasing sensation, reducing pain, and speeding wound healing by stimulating blood flow to extremities.

FCE = Functional Capacity Evaluation. A 4- or 8-hour objective test used to determine a patient's physical ability to perform job related tasks.

Iontophoresis = Modality that uses constant direct current to deliver the ions of different topical medications through and into the skin.

McKenzie Spine Evaluation = A manual spine assessment and treatment protocol, emphasizing patient self-care.

MedX = Computerized equipment used for testing flexion/extension range of motion and strength of the cervical or lumbar spine and isolated strengthening of the extensor muscles.

Phonophoresis = The use of ultrasound to deliver topical medication into the skin.

SwimEx = Heated aquatic therapy pool that can produce a gently flowing current for resistance purposes. Hydraulic lift chair available.

TENS unit = Transcutaneous Electrical Nerve Stimulation unit used for pain control.

Work Hardening = Program of work simulated tasks and exercises performed under controlled supervision.